



From *The New York Times* Best-Selling Author

Karen Kingsbury's

A Thousand Tomorrows



**Small Group
Discussion Guide**
Episode #5



SESSION #5-EMBRACING TODAY

- **Key Verse**
 - Jeremiah 29:11 *"For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope."* NLT
- **Open Session in prayer**
 - Take prayer requests and ask for people to share how you have worked through forgiveness in their lives?
- **Opening Discussion**
 - Talk about what your group hopes to accomplish by doing this study together.
 - **Discussion Question: How do you embrace every day to not miss out on what God is doing, even in the difficult times.**
- **Stream-Episode #5 of A Thousand Tomorrows on Pure Flix**
- **Stream- Teaching Segment #5** ¹¹ "For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope.
- **Discussion**
 - What stuck out to you from Episode #5 of A Thousand Tomorrows or Karen's teaching about letting it go?
 - Talk about the range of emotions you have experienced in the last couple of years.
 - How do you look for the miraculous in life?
 - God prepared ahead of time a plan for your broken heart. How do you step into that plan?
 - How do we embrace this day as a gift? And seize everyday as blessing?
 - How do we stay present in our live and enjoy the moment that we are currently in?
- **Action Step**
 - Call, text, send flowers out of the blue to the 5 people you love most in this life and have been a blessing to you.